

WOMEN'S DIVISIONS

FIGURE

Teenage: Athlete 16 yrs. or over who has not reached his 20th birthday by APRIL 7TH, 2018. **ONE CLASS** (5 places).

True Novice: Athlete that has never competed in a NPC show – **FIRST TIME COMPETITOR. ONE CLASS** (5 places).

Masters35& over: Athlete who has reached her 35th birthday by APRIL 7TH, 2018 **ONE CLASS**(5 places).

Masters 40& over: Athlete who has reached her 40th birthday APRIL 7TH, 2018 **ONE CLASS** (5 places).

Masters50& over: Athlete who has reached her 50th birthday by APRIL 7TH, 2018 **ONE CLASS** (5 places).

Novice: Athlete who has never won their height class. **ONE CLASS** (5 places).

Open: Any Athlete over the age of 16. (An athlete who has won the overall title in a contest may not compete in a lower level contest in the same area or district as the contest he or she won.) (5 places in each height class & overall).

A CLASS	Up to & including 5'2"
B CLASS	Over 5'2" up to & including 5'4"
C CLASS	Over 5'4" up to & including 5'6"
D CLASS	Over 5'6"

BIKINI

Teenage: Athlete 16 yrs. or over who has not reached her 20th birthday by APRIL 7TH, 2018 **ONE CLASS**(5 places).

True Novice: Athlete that has never competed in a NPC show – **FIRST TIME COMPETITOR. ONE CLASS** (5 places).

Masters35& over: Athlete who has reached her 35th birthday by APRIL 7TH, 2018 **ONE CLASS**(5 places).

Masters 40& over: Athlete who has reached her 40th birthday APRIL 7TH, 2018 **ONE CLASS** (5 places).

Masters50& over: Athlete who has reached her 50th birthday by APRIL 7TH, 2018 **ONE CLASS** (5 places).

Novice: Athlete who has never won their height class. **ONE CLASS** (5 places).

Open: Any Athlete over the age of 16. (An athlete who has won the overall title in a contest may not compete in a lower level contest in the same area or district as the contest he or she won.) (5 places in each height class & overall).

A CLASS	Up to & including 5'2"
B CLASS	Over 5'2" up to & including 5'4"
C CLASS	Over 5'4" up to & including 5'6"
D CLASS	Over 5'6"

PHYSIQUE

Teenage: Athlete 16 yrs. Or over who has not reached her 20th birthday by APRIL 7TH, 2018 **ONE CLASS** (5 places).

True Novice: Athlete that has never competed in a NPC show – **FIRST TIME COMPETITOR. ONE CLASS** (5 places).

Masters35& over: Athlete who has reached her 35th birthday by APRIL 7TH, 2018 **ONE CLASS**(5 places).

Novice: Athlete who has never won their height class. **ONE CLASS** (5 places).

Open: Any Athlete over the age of 16. (An athlete who has won the overall title in a contest may not compete in a lower level contest in the same area or district as the contest he or she won.) **ONE CLASS** (5 places).

FITNESS

Fitness: Any female over 16. **ONE CLASS** (5 places).

Bodybuilding: Any female over 16. **ONE CLASS** (5 places).

Uniform Division: Any athlete that is active military, police, firefighter or rescue worker. **ONE CLASS** (5 places).

*Bikini, Figure or Physique

MR. NORTH ALABAMA: Any athlete over 16 who lives in **NORTH ALABAMA. ONE CLASS** (5 places).

*Bikini, Figure or Physique

*****ALL CLASSES SUBJECT TO CHANGE BASED ON PARTICIPATION*****